
FutureSelves

Results For: Rhona Swenson

Date Generated: Monday, 20 September 2004

Background

Age:	30-39
Gender:	Female
Ethnicity:	European/Pakeha
Qualifications:	Undergraduate Degree

Hopes and Fears

To have a strong family relationship. To socialise and catch up with friends that I enjoy being with. To have a family of my own. For work, to have a job that is challenging but not stressful and hectic. To involve myself in community and putting something back into society.

Leading a mundane life, not taking the opportunities of travel and activities (e.g. sport, outdoor, home) as they occur. Is not leading an active life.

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Skills and Interests

[+ has past or present experience; - has no experience]

Hope/Fear	Very Strong Hope			<ul style="list-style-type: none"> + Working with people + Computer skills + Variety 	<ul style="list-style-type: none"> + Oral comm
	Strong Hope			<ul style="list-style-type: none"> + Motivation + Goal setting + Juggling tasks + Planning 	<ul style="list-style-type: none"> + Teamwork + Listening
	Hope			<ul style="list-style-type: none"> + How things work + Making decisions + Written comms 	<ul style="list-style-type: none"> + Time management + Organising
	Fear		<ul style="list-style-type: none"> - Managing change + Creative work 	<ul style="list-style-type: none"> - Tech. knowledge + Delegation + Persuading - Setting things up - Team development + Giving feedback 	<ul style="list-style-type: none"> + Leading people
	Strong Fear				<ul style="list-style-type: none"> + Negotiating
	Very Strong Fear		<ul style="list-style-type: none"> + Working 9-5 		
		Very Unlikely	Unlikely	Likely	Very likely
Likelihood					

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Skills and Interests

	Dream, Opportunity, Threat or Dread	Past and/or Present Self?	Likelihood	Importance: strength of hope or fear
Working with people	Opportunity	Yes	Likely	Very Strong Hope
Computer skills	Opportunity	Yes	Likely	Very Strong Hope
Variety	Opportunity	Yes	Likely	Very Strong Hope
Oral comm	Opportunity	Yes	Very likely	Very Strong Hope
Motivating people	Opportunity	Yes	Likely	Strong Hope
Goal setting	Opportunity	Yes	Likely	Strong Hope
Juggling different tasks	Opportunity	Yes	Likely	Strong Hope
Planning	Opportunity	Yes	Likely	Strong Hope
Teamwork and working with people	Opportunity	Yes	Very likely	Strong Hope
Listening to others	Opportunity	Yes	Very likely	Strong Hope
Working out how things work	Opportunity	Yes	Likely	Hope
Making decisions	Opportunity	Yes	Likely	Hope
Written communications	Opportunity	Yes	Likely	Hope
Time management	Opportunity	Yes	Very likely	Hope
Organising	Opportunity	Yes	Very likely	Hope
Managing change	Dread	No	Unlikely	Fear
Creative work	Dread	Yes	Unlikely	Fear
Technical knowledge	Threat	No	Likely	Fear
Delegation	Threat	Yes	Likely	Fear
Persuading	Threat	Yes	Likely	Fear
Setting things up and getting people to work for you	Threat	No	Likely	Fear
Team development	Threat	No	Likely	Fear
Giving feedback	Threat	Yes	Likely	Fear
Leading people	Threat	Yes	Very likely	Fear
Negotiating	Threat	Yes	Very likely	Strong Fear
Working 9-5	Dread	Yes	Unlikely	Very Strong Fear

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Career Options

[+ has past or present experience; - has no experience]

Hope/Fear	Very Strong Hope			- Childcare	
	Strong Hope			+ Education etc	
	Hope		- Part time - Voluntary work	+ Paid Work + Self employed + Sales and marketing + Computing etc	
	Fear		- Arts, info, rec and s... + Agriculture etc	+ Science	
	Strong Fear	- Manufacturing/distribution - Law and order	+ Juggling different jobs + Hospitality etc - Engineering/constru...		
	Very Strong Fear	- Benefit - Unskilled work	+ Office admin/finance + Unemployed		
		Very Unlikely	Unlikely	Likely	Very likely
		Likelihood			

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Career Options

	Dream, Opportunity, Threat or Dread	Past and/or Present Self?	Likelihood	Importance: strength of hope or fear
Working with children or parenting [5142]	Opportunity	No	Likely	Very Strong Hope
Education, health and social work [232,233,223,33411-33413]	Opportunity	Yes	Likely	Strong Hope
Part time	Dream	No	Unlikely	Hope
Voluntary work	Dream	No	Unlikely	Hope
Paid Work	Opportunity	Yes	Likely	Hope
Self employed	Opportunity	Yes	Likely	Hope
Sales and marketing [1224]	Opportunity	Yes	Likely	Hope
Computing, electronics, and electrical work [312]	Opportunity	Yes	Likely	Hope
Arts, information, recreation and sport [3364, 3366,3367-33693]	Dread	No	Unlikely	Fear
Agriculture, horticulture and the environment [6]	Dread	Yes	Unlikely	Fear
Science and research [211,212]	Threat	Yes	Likely	Fear
Manufacturing and distribution [8]	Dread	No	Very Unlikely	Strong Fear
Law and protection services [5154, 5152]	Dread	No	Very Unlikely	Strong Fear
Juggling different jobs	Dread	Yes	Unlikely	Strong Fear
Hospitality, tourism and personal services [5,42]	Dread	Yes	Unlikely	Strong Fear
Engineering and construction [9]	Dread	No	Unlikely	Strong Fear
Benefit	Dread	No	Very Unlikely	Very Strong Fear
Unskilled work	Dread	No	Very Unlikely	Very Strong Fear
Office administration and finance [33211]	Dread	Yes	Unlikely	Very Strong Fear
Unemployed	Dread	Yes	Unlikely	Very Strong Fear

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Personal Values and Beliefs

[+ has past or present experience; - has no experience]

Hope/Fear	Very Strong Hope			<ul style="list-style-type: none"> + Approachable + Confident + Respected 	<ul style="list-style-type: none"> + Loving + Happy
	Strong Hope		- Do things well	<ul style="list-style-type: none"> + Liked + Open + Honest + Caring + Intelligent + Comfortable + Busy 	
	Hope			<ul style="list-style-type: none"> + Being the best + Self disciplined 	
	Fear				
	Strong Fear		<ul style="list-style-type: none"> + Dissatisfied - Lazy + Average + Failure 	<ul style="list-style-type: none"> + Lack confidence + Depressed + Bored + Unmotivated 	+ Leader
	Very Strong Fear		+ Alone		
		Very Unlikely	Unlikely	Likely	Very likely
		Likelihood			

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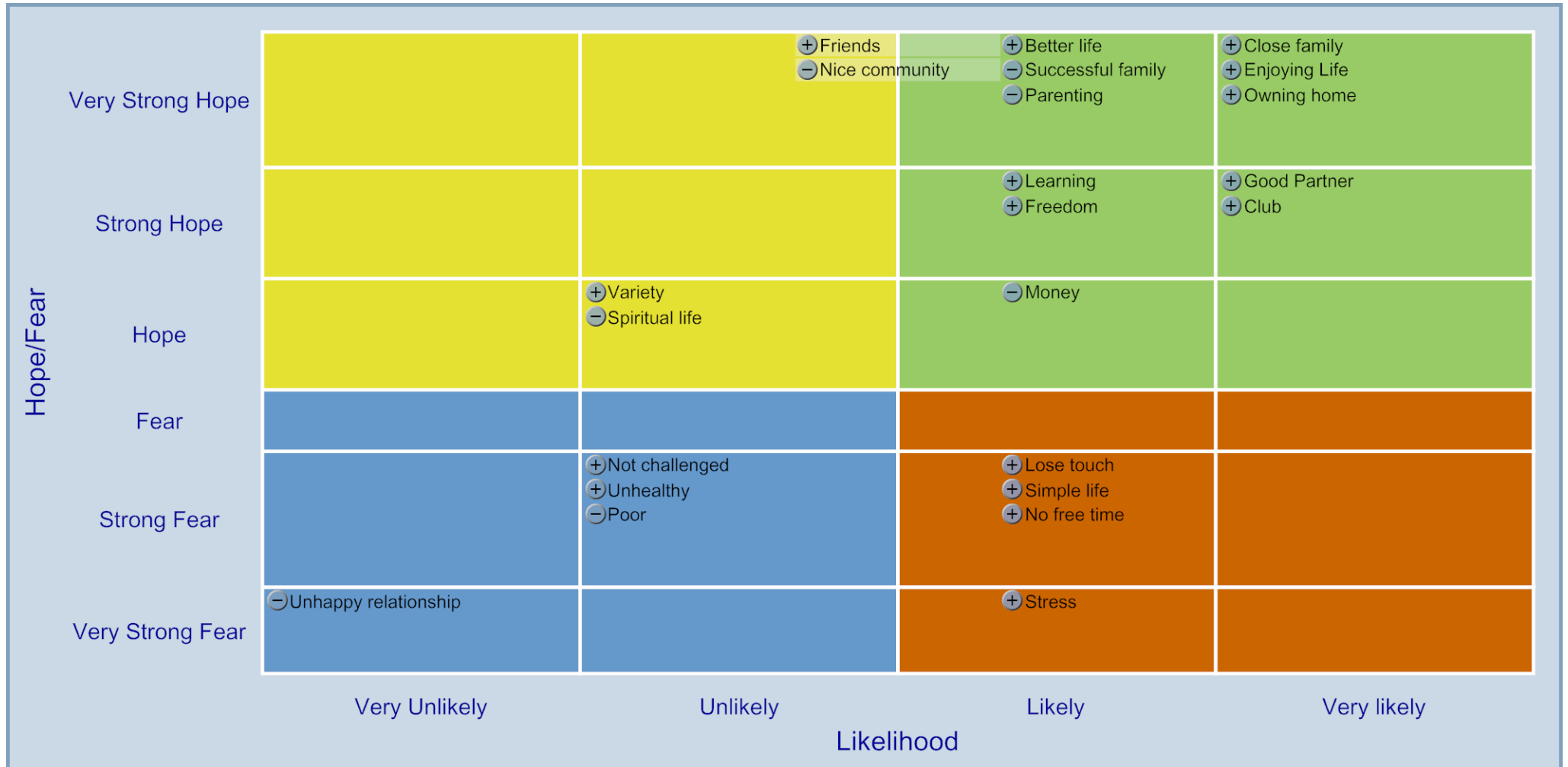
Personal Values and Beliefs

	Dream, Opportunity, Threat or Dread	Past and/or Present Self?	Likelihood	Importance: strength of hope or fear
Being approachable	Opportunity	Yes	Likely	Very Strong Hope
Confident	Opportunity	Yes	Likely	Very Strong Hope
Being well respected	Opportunity	Yes	Likely	Very Strong Hope
Being loving	Opportunity	Yes	Very likely	Very Strong Hope
Being happy	Opportunity	Yes	Very likely	Very Strong Hope
Doing things well	Dream	No	Unlikely	Strong Hope
Being liked	Opportunity	Yes	Likely	Strong Hope
Being open minded	Opportunity	Yes	Likely	Strong Hope
Honest and trustworthy	Opportunity	Yes	Likely	Strong Hope
Being caring and kind	Opportunity	Yes	Likely	Strong Hope
Being intelligent	Opportunity	Yes	Likely	Strong Hope
Comfortable with myself	Opportunity	Yes	Likely	Strong Hope
Being busy	Opportunity	Yes	Likely	Strong Hope
Being the best	Opportunity	Yes	Likely	Hope
Self disciplined	Opportunity	Yes	Likely	Hope
Dissatisfied	Dread	Yes	Unlikely	Strong Fear
Being lazy	Dread	No	Unlikely	Strong Fear
Being average	Dread	Yes	Unlikely	Strong Fear
Failure	Dread	Yes	Unlikely	Strong Fear
Lacking confidence	Threat	Yes	Likely	Strong Fear
Feeling depressed	Threat	Yes	Likely	Strong Fear
Being bored	Threat	Yes	Likely	Strong Fear
Unmotivated	Threat	Yes	Likely	Strong Fear
Being a leader	Threat	Yes	Very likely	Strong Fear
Being alone	Dread	Yes	Unlikely	Very Strong Fear

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Lifestyle

[+ has past or present experience; - has no experience]



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Lifestyle

	Dream, Opportunity, Threat or Dread	Past and/or Present Self?	Likelihood	Importance: strength of hope or fear
Having lots of friends	Dream	Yes	Don't know	Very Strong Hope
Helping to make a nice community	Dream	No	Don't know	Very Strong Hope
Having a better life	Opportunity	Yes	Likely	Very Strong Hope
Successful family	Opportunity	No	Likely	Very Strong Hope
Being a parent	Opportunity	No	Likely	Very Strong Hope
Having a close family	Opportunity	Yes	Very likely	Very Strong Hope
Enjoying Life	Opportunity	Yes	Very likely	Very Strong Hope
Owning home	Opportunity	Yes	Very likely	Very Strong Hope
Learning new things	Opportunity	Yes	Likely	Strong Hope
Having lots of freedom	Opportunity	Yes	Likely	Strong Hope
Being a good partner	Opportunity	Yes	Very likely	Strong Hope
Being involved in a club	Opportunity	Yes	Very likely	Strong Hope
Living a varied life	Dream	Yes	Unlikely	Hope
Having a spiritual life	Dream	No	Unlikely	Hope
Having more money	Opportunity	No	Likely	Hope
Not challenged	Dread	Yes	Unlikely	Strong Fear
Unhealthy	Dread	Yes	Unlikely	Strong Fear
Being financially poor	Dread	No	Unlikely	Strong Fear
Losing touch with people	Threat	Yes	Likely	Strong Fear
Having a simple life	Threat	Yes	Likely	Strong Fear
Having no free time	Threat	Yes	Likely	Strong Fear
Being in an unhappy relationship	Dread	No	Very Unlikely	Very Strong Fear
Being stressed	Threat	Yes	Likely	Very Strong Fear

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